

Physical Education Supply List

ALL students (preprimary through 6th grade) must wear running shoes every day.
NO Sketchers (ankle sprains) or designer tennis shoes.

Examples of good running shoes: Nike, Adidas, Reebok, New Balance, Saucony, Asics, Mizuno

These supplies are listed in the order they will be needed. Please do not purchase everything at once. I hope you find it useful and remember to watch for the off season sales!

September 2010

- Headlamp or flashlight- for Kirkwood Park Night Orienteering (Participation not required but highly recommended)
- Shin Guards for soccer

January 2011

- Bike Helmet for Ice Skating

March 2011

- Baseball glove and RIF baseball
- TYR/Speedo (1 Piece) Bathing Suit (girls) *Swim Trunks (boys)
- Swim Caps for girls and boys
- TYR/Speedo Goggles (others leak)

Please email Theresa Eppert (Physical Education teacher) at teppert@stmichaelschool.org if you have any questions!